



**Karmapa's Healthcare Project  
Report 3/2006**

**Visit to Swayambunath (Kathmandu/Nepal)**



Shree Karmaraja Maha Vihar, the buddhistic school at Swayambunath.



Our photos of Kalimpong brings alot of joy. Some of the „collegs“ they saw at least many many years ago.



Shoe-shopping and transport with our bike.



All little monks getting warm socks and underwear...



...also the adults get it.



Ear inflamations are not rare.



Controlled takeover of the medicaments to the local doctor.



The Rheumacreme – a helpful gift for the old generation.

We talk about our concept for the future. Once the year a doctor will go from Kathmandu to Ladakh and will provide all monks there. We initialize two cash-accounts with a cashbook. With it the water supply and the medicaments should be secured for the year.



Closed tight shoes – useful prevention for wintertime.



The new shoes are the hit....



....the evening before going to Kalimpong

Peter attends some monks to Kalimpong. The 600km-trip with the old nightbus needs 30 hours. By the way Karma Sherab and Peter looking for a good source for the big 220V-generator in Shiliguri.



**Karmapa's University in Kalimpong/Northindia**



During big rainfalls the electricity drops down very often. We buy a big 7.5kW-generator - it arrives in time with starting big pujas.



The big Mahakala-Puja starts and all monks help carrying the 350kg-device to his place.



Peter installs the generator. Even in the first Puja-Night next power failure and the first kick on - from that moment on the monks call it "Mahakala-Generator".



Karmapa orders to buildup a small house for the generator - meanwhile the generator is installed inside and supplies both buildings of the university.



We organize a big vaccin for all monks - first we inform and give lesson in health prevention, than we order really fresh vaccin and finally we find a good doctor and fix a serious proceder with time schedules for everyone who like to get it.



Pia give the initial example and gets examination and vaccin.



Also Peter - after him 70 monks come.



Dr.Sharma examines seriously and gives short instructions for a more healthy life.



This good prepared action is finished successfully in 6 hours.



The next is to search and find a experienced dentist. From now on he will do all preventions and service about 200 monks and nuns. We bargle out good prices for it.



Our "hero" Karma Sherab on his first sitting. The dental station is clean and quite good equiped.



Finally the dentist assistent gives a lecture in dental care.



The 78 years old Anni M. (Leader of the nunery) comes to this dental check extra from Rumtek.



After that we invite her to coffee and cake - that was the better job.



Nedo Rinpoche and his class - most of them are orphans.

### Our visit to Sikkim:

Here , by the way of other jobs, we check the water spring of the nunery. Every year the monsun destroyed it - Peter develops a technical concept to solve that problem for long term. We are still looking for sponsors and a good and cheap constructor. At Nedo Rinpoche we sponsor some money for the healthcare of his little monks and for build up a new schoolbuilding at Nyolonedo Monastery in Zatuzong/Easttibet.

Also for the monks and nuns at Karmapa´s Institutes in Rumtek and Takdah as the same like in Kathmandu und Kalimpong we create a health fond with a cashbook. We advice two monks/nuns to handle the money and the reports.

[www.WeisserSchirm.org](http://www.WeisserSchirm.org)

**We wish that our activities are useful and benefits the beings, Pia und Peter Cerveny.**